

THE COLLABORATIVE ASSESSMENT AND MANAGEMENT OF SUICIDALITY (CAMS)

Outpatient clinical care within the WUSM Division of Child and Adolescent Psychiatry's CONNECT Program



DO YOU HAVE AN ADOLESCENT BETWEEN THE AGES OF 12 & 17 WHO....

- Is experiencing current Suicidal Ideation or has had a recent Suicide Attempt?
- Has had a recent ER visit or hospitalization for Suicidal Ideation/Suicide Attempt?

IF SO, CAMS CARE COULD BE RIGHT FOR YOUR FAMILY. CAMS CARE AIMS TO:

- Increase distress tolerance, emotion regulation, and positive coping skills
- Decrease Suicidal Ideation and Behaviors
- Decrease visits to the ER and inpatient stays
- Decrease life-threatening urges & behaviors
- Increase Life Worth Living ideals

For FAMILIES/CAREGIVERS, CAMS aims to:

- Increase effective communication skills
- Set reasonable boundaries
- Increase confidence to manage mental health crises
- Support case management needs, such as establishing ongoing stable community care for teen/family

LOGISTICS

- CAMS is a brief (4-12 sessions on average), evidence based intervention aimed specifically at decreasing the risk of suicide
- 1-2 days of outpatient therapy per week, 1 hour sessions
- Caregiver involvement is an expected part of effective treatment
- Insurance is billed - we accept most major carriers, including Medicaid
- LOCATION: In Person at 4444 Forest Park Avenue 63108 OR Virtual options available

INTERESTED IN LEARNING MORE?

Visit our website at:

<https://childpsychiatry.wustl.edu/clinical-services/connect/>

Visit the CAMS website at:

<https://cams-care.com/the-cams-framework/>

FOR INQUIRIES, PLEASE REACH OUT TO OUR INTKE TEAM AT: 314-747-1058

