Trauma Response Program

Comprehensive mental health support for children and their families following a potentially traumatic event

CONTACT
Phone: 314-286-0392
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LOCATION
Child Psychiatry Clinic
4444 Forest Park Ave.
Suite 2600
St. Louis, MO 63108
TRAUMA RESPONSE

The trauma of abuse, assault or accidents in childhood and adolescence may cause behavioral and emotional problems. These difficulties can continue into adulthood if not addressed. Many victims and their families can benefit from outside support to develop a plan to recover effectively.

COMMON RESPONSES TO TRAUMA

• Trouble sleeping or feeling safe
• Worry that the trauma will happen again
• Feeling guilty or responsible for the trauma
• Feeling more angry and irritable
• Avoiding things, people or places related to the trauma
• Trying not to think or talk about the trauma

WHAT WE PROVIDE

• Meeting with an experienced mental health specialist to review a child’s condition, history and concerns about the traumatic event
• Review of every case by a pediatric psychiatrist and, if appropriate, referral for further evaluation and treatment
• Development of a treatment plan responsive to the child and family’s needs
• Implementation of the treatment plan, either through referral to a community agency or treatment provided by our team
• Close collaboration with St. Louis Children’s Hospital

TREATMENT TEAM

Jennifer Holzhauer, MSW, LCSW
Program Co-Director

John Constantino, MD
Program Co-Director

Denise Wilson, MSW, LCSW
Program Therapist

Eric Spiegel, MD
Psychiatrist